

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Raes Kurt HEADCOACH

Coaches: Lievens Stijn

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 13-14 Heat:6, starttime: 09:09

Heat: 6/6 Lane : 6 Athlete: VOET LARS				Q-time: 01:15:12
PB (25m pool): 01:15.12 Temse 17/11/2025				PB (50m pool): 01:15.98 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:35.37		01:15.12
	00:35.37		00:39.75	
				

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16 Heat:3, starttime: 10:06

Heat: 3/4 Lane : 6 Athlete: DE WITTE LEO				Q-time: 01:02:13
PB (25m pool): 01:02.13 Leuven 04/10/2026				PB (50m pool): 01:04.07 SB: 01:02.13 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:28.46		01:02.13
	00:28.46		00:33.67	
				

Coach feedback:

Event number: 8: 100M BUTTERFLY WOMEN 15-16 Heat:5, starttime: 10:16

Heat: 5/5 Lane : 8 Athlete: ASSCHERICKX CHLO��				Q-time: 01:09:93
PB (25m pool): 01:09.93 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 01:11.55 SB: 01:13.08 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:31.79		01:09.93
	00:31.79		00:38.14	
				

Coach feedback: